



THE PONTON PLOD

SUNDAY 16TH SEPTEMBER 2007

Starting from Great Ponton, Nr Grantham

27 or 17 miles in 10 hours from Great Ponton Community Centre nr Grantham 926304. OS Explorer Map 247 covers both routes.

Scenic routes using Footpaths, Bridleways, tracks and minor roads passing through several picturesque villages in Lincolnshire and Leicestershire towards the Vale of Belvoir.

Start: 8.30 am. Registration from 7.00 am. Ample car parking at or close to start.

Home made refreshments will be provided at checkpoints, hot drinks and sandwiches available at half way. Home made soup and pudding at the finish.

A certificate will be given to all finishers.

Completed entry forms to be sent to Stuart Ashley, Woodpigeon Cottage, Bottesford Road, Allington, Grantham, NG32 2DJ enclosing 9 x 4 SAE (or email address) for confirmation of entry. Closing date for postal entries 12th September 2007. Entries on the day available but a phone call first would be appreciated to assist with catering.

Entry Fee : £8.50 (£10.00 on day). Cheques payable to "The Ponton Plod".

Proceeds to STOP International.

Phone 01400 281580 or email stuartashley47@btinternet.com with any enquiries.

Name

Address

Postcode

Tel No Email

Walker Runner 27 miles 17 miles

I agree to abide by the rules of the event and to observe the Country Code at all times. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I confirm that I participate at my own risk and that no liability is accepted by the organisers for injury, damage or loss sustained by me before, during or after the event. I will be over 18 years old on the day of the event.

Signature

Signature of Parent or Guardian if under 18

SEE OVER

RULES

1. Minimum age is 18 on the 27 mile route, and 15 years on 17 mile route. Entrants under 18 must have parent's consent and be accompanied by an adult on the walk.
2. Dogs will be allowed but must be kept under strict control at all times and be on leads when in the presence of livestock and horses.
3. Entrants must follow the prescribed route and ensure their arrival at checkpoints is recorded by marshals.
4. Checkpoint closing times will be enforced. Any Entrant arriving after closing time will be asked to retire.
5. Entrants retiring at Checkpoints must hand in their tally card and will be transported to the finish.
6. Entrants retiring other than at checkpoints should pass their tally card to another entrant to be handed in at the next checkpoint, or should phone the emergency phone number.

DATA PROTECTION: Details will be temporarily held on compute for the purpose of administering the event.

Proceeds in aid of STOP International



HELPING THE STREET CHILDREN OF THE WORLD

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